

Abstract

This diploma thesis is a descriptive case study of permaculture oriented families and individuals in the Czech Republic, who are aiming for food self-sufficiency. The goal is to describe the lifestyle of self-supplying food producers, their strive for permacultural principles of sustainable development and the making of agricultural systems. The main focus is on describing the economical and material background of households, their strategies and practices for achieving food self-sufficiency, and motivation and difficulties related to this matter. Data were collected by observing and interviewing 8 permaculture households.