This thesis focuses on the comprehensive approach to human health. She attempts to shed more light on this topic, to document current circumstances related to the psychosomatic medicine and the so called holistic medicine, and to clarify the manner of understanding these concepts nowadays. The theoretical part of the diploma thesis constitutes a rough summary of the comprehensive approach to human treatment, a view of fundamental theories of psychosomatic medicine and its current position in the Czech health system. The thesis also includes an outline of applied terms which are connected to the comprehensive approach to human treatment, especially in the specialized literature. The practical part of this diploma thesis monitors the way in which the media use the terms of holistic medicine and psychosomatic medicine. Further, a general understanding of these concepts is demonstrated by the means of a questionnaire survey on a sample of 454 respondents. Moreover, the practical part is completed by interviews with two specialists of the Czech psychosomatic scene. The thesis is concluded by the author's polemic regarding the topic of this diploma thesis itself.