Bachelor thesis called "Inferiority complex and family" with the subtitle "Inferiority complex and self-acceptance in connection with the acceptance in the family" is written with the intention to explore the importance of acceptance in the family and the importance of the self-acceptance. An important part is the individual's acceptance by God and the family as a part of dealing with feelings of inferiority complex in life. The feelings of inferiority guide us through life and we need to know how to deal with them. Written work is divided into two parts, theoretical and practical. The theoretical part has its focus on acceptance and self-acceptance, especially in the context of Christian theology and pastoral care. A man is a bio-psycho-social being; in this context we cannot forget these components. A part of this work is also pastoral care in relation to self-acceptance. Written work aims also to putting into context the value of the individual as God's creation, understanding of God's acceptance and understanding the importance of self-acceptance and understanding of the purpose of life, direction and goals in life. The aim is also to give attention to the importance of the family and its influence on the individual and how the family can help to deal with the feelings of inferiority. The practical part is a questionnaire survey, which focuses on acceptance and self-acceptance of the individual, acceptance — non-acceptance in the family, experiences of the family upbringing and the influence of family on self-acceptance.