## Abstract

This thesis focuses on the use of the mother tongue in foreign language teaching and learning. Recently there has been a notable shift towards promoting the use of the mother tongue. The theoretical part of the thesis maps the attitudes to the mother tongue in current literature as well as the suggested ways of its use in the classroom. The practical part attempts to analyse the students' attitudes towards the incorporation of Czech into English learning and teaching and their experience with its use from their secondary schools. To obtain the data, an online questionnaire was employed. The respondents are first- and second-year students of English and American studies who are expected to be able to analyse both the advantages and disadvantages of using Czech. The practical part focuses on the efficiency of Czech in comparison with English, ways of presenting grammar and vocabulary, the relation between the mother tongue use and the proficiency of students, and learning strategies of the respondents. Based on the analysis, suggestions regarding the mother tongue use are presented in the conclusion.