

This bachelor thesis is an annotated translation of selected parts from Ernährung – Bewusst genießen und gesund bleiben written by Dr. Gunda Backes and published by german insurance company Techniker Krankenkasse. The first part of this thesis consists of the czech translation of approximately 20 pages. The second part is an annotated commentary which includes source-text analysis based on Christiane Nord's model. This part of the thesis also describes the method of translation, translations problems and shifts which occurred during the translation proces.