

SUMMARY

This master's thesis is concerned with the issue of burnout syndrome. Based on the survey of professional literature, its main aim is to clarify the essence of burnout syndrome and factors leading to its occurrence. It focuses on the possibilities of diagnosis, prevention and active approach leading to the elimination of burnout syndrome. The empirical part of the thesis examines how employees in a particular company dealing with fast moving goods production and sale experience burnout syndrome. On the basis of the research findings, main risk factors of burnout syndrome emergence among company's employees were identified and preventive steps leading to the elimination of its occurrence.