The thesis deals with understanding the interpretation of life story, important people and agency in life story of young adult being expose to an adverse effect of their family. The theoretical part is focused on life story and life story work, namely methods of create life story book. The thesis defined young adult in institutional and foster care, their needs and rights. The special chapter is life story work with traumatized children. The empirical part consist of analysis of four autobiographical narratives collected by the method of narrative interview, life story book and lifeline. The collected information are analysed with holistic-content, holistic-formal and categorical-formal analysis. This work includes feedback participants in research probe reconstruction of life story and life story work. At the conclusion of work are recommended other methods for further research.