

The objective of this dissertation was to examine the Ego defense mechanisms and defense styles in alcohol-dependent patients.

First, we introduced the phenomenon of Ego mechanisms of defense, presented the brief history resumption, outlined the major topics of clinical research interest and described the possibilities of use of defense mechanisms analysis in a clinical practice, particularly in diagnostics and psychotherapy.

The Defense Style Questionnaire (OSQ 40) was used to examine a sample of subjects (n=60) with an alcohol-dependence diagnosis. Bivariate correlation analyses yielded these results: the alcohol-dependence in women was correlated with mechanisms Idealization, Projection, Overvaluation and Isolation of affect, whereas in men with mechanisms Suppression and Isolation of affect. There was no relation between this syndrome and certain defense style approved. These results confirmed the psychogonical etiology of the above problem in women and suggest the connections with neurotic, depressive disorder, borderline and narcissistic personality disorder. In men, the possible connection between the mechanisms Isolation of affect and antisocial personality disorder is expected.