

Annotation

The diploma thesis deals with art-philetics with a focus on the process of couple communication. Art-philetics is a developing field with a relatively stable theoretical foundation. However, no one has so far studied the usage of art-philetics in couple communication. This topic deserves to be paid due attention, since couple relationships are the foundation for a stable family system and also present a model for children – our future generation. Communication is one of the most fundamental tools for having a satisfying relationship.

The objective of the thesis is to explore and analyse the processes that facilitate communication. The underlying research also examines the following hypothesis: art-philetics, with a special focus on communication, can be applied when working with couples. The target group is married couples with children. In order to achieve my the desired goal, a detailed project of a qualitative research in the form of two case studies has been devised. Data come from observation, discussions and reflections, and are then analysed. The results are verified using a questionnaire collecting the subjective views of the couples.

The cornerstone of the thesis is the theoretical part. It contains an explanation of the concepts and processes of art-philetics and communication. Special focus is put especially on those concepts that are directly related to the empirical part (research). The methodology of the research is then described, including a thematic plan which can serve as an inspiration for art-philetists and art-therapists. It consists of specific tasks, goals and questions. Description of particular case studies follows. An evaluation of the research and a summary of the results conclude the thesis.