

This diploma thesis is focused on happiness in the elderly. It searches answers on questions like: Can be the senior citizens happy? How should we grow old without losing contentment? The meaning of the word happiness is discussed, as well as multiple points of view on old age. The presence of happiness in elderly is studied including ways toward the happiness. The thesis also includes seven casuistry, which illustrate the happiness of senior citizens. The results of casuistry complement the theoretical parts of the work.