

Recency of Ignatian formation in the process of catechesis of adults (adult catechesis)

This work deals with Ignatian tradition and spirituality with concern to its recency and importance for the deepening of Christian life lived in actual conditions of plural society. It introduces the person of Ignatius of Loyola, his spiritual development and spiritual experience, which is reflected especially in his Spiritual Exercises. With regard to the latitude and abundance of the Ignatian heritage, such a selection of the essential and significant elements has been made, that could bring benefit to the catechesis of adults in all its dimensions and forms. It concerns especially the ability to start from the concrete reality of a man and to find God in all things. Prayer founded on the meditation of the Word of God, especially the Gospels, helps to the effect. The Gospels convey the doorway to Jesus Christ, whose personality stays in the centre of interest of St. Ignatius. The service of spiritual accompanying, so especially helpful and typical for the Ignatian tradition, administers to better discerning of which decisions are - at a given period of life of a man - more valuable in the perspective of fulfilling God's plans with that person. Every life choice should, in concert with the Ignatian alignment to the service to fellow creatures, leads into a diaconry, realized in peculiar manner according to the personal vocation of a man.

Key words: Ignatius of Loyola, spiritual experience, Spiritual Exercises, spiritual accompanying, catechesis of adults.