

### **Abstract (Annotation)**

This thesis compares the orthodox approach to man to psychotherapeutics, especially with psychoanalysis, analytic psychology and logotherapy. These systems arise from positivistic backgrounds and approaches to man in this direction. In opposite to psychoanalysis analytic psychology and logotherapy think about spiritual aspect in life of man, but both systems mostly psychologize this aspect. The orthodox psychotherapy especially works with this spiritual aspect. It comes out from patristic anthropology referring that man is God's creature according to Genesis. The spirit aspect plays the cardinal role in the relationship between man and God. This relationship was corrupted by the rebellion of man against God. This rebellion has changed the ontological nature of man. According to the orthodox psychotherapy mental disorders are a result from this ontological change of man, which characterized by "garment of skin" done by God for man to revive in fallen state. The solution of mental disorders and then spiritual problems is to accept the state of "garments of skill" and in renewing of relationship with God.