

Abstract

Diploma thesis "Utilization of reminiscence in terms of clients' activation in home for the elderly" deals with remembering and its use for working in homes for the elderly. It defines reminiscence, group reminiscence in particular, describing its benefits and possibilities for application. Object of this work is to present reminiscence from the view of reminiscence assistant, record development of reminiscence group and outline some practical recommendation for the work.

Theoretical part is devoted to the problems of old age, aging, description of homes for elderly and associated topics. It is focused on reminiscence, defining its theoretical basis and critical founds. It also deals with group reminiscence and the basic principles of its application.

Practical part is focused on the activity of a concrete reminiscence group describing its development and details of individual reminiscence meetings including arisen situations. Based on practical example it provides data concerning progress of the reminiscence group and its functioning from the view of a reminiscence assistant. In the conclusion concise practical recommendation for working with reminiscence group are presented.