## **Abstract**

Diploma thesis "self-advocacy groups as a means of promoting the rights of people with mental disabilities" in the theoretical part focuses on the development and history of self-advocacy groups in the world and the Czech Republic. The practical part will build on the theoretical part it will reflect the experience of organizations in establishing and promoting self-advocacy groups. This diploma thesis will have a positive impact on organizational needs of Rhythm Benešov, o.p.s., because so far there is no guidance paper on this topic