## The Merry Holiness – The Spirituality of S. M. Braito In His Life and Works

The goal of this thesis was to inquire the main features of the spirituality of Silvestr Maria Braito, who, in his time, played one of the key roles in the forming of the Christian life in former Czechoslovakia. Above all, it aimed to look into Braito's spirituality on two levels: on the level of his personal experience, including the experience from the communist prison, and on the level of his works in the spiritual review Na hlubinu. The objective of the thesis was to categorize Braito's spirituality and compare his theoretical work with the experienced spiritual life, including its changes.

## Keywords

Braito, Na hlubinu, spirituality, mysticism, prayer

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