

Abstract

The name Diploma thesis is „Benedictine Rule for Laymen or Becoming an Oblate“. The main goal of this thesis is the presentation of benedictione spirituality as it is lived in common daily life not only among the walls of monastery. It focuses mainly on benedictine oblate laymen. It shows that the Rule created in the sixth century is not obsolete and provides guidelines for getting closer to God through everyday labor and prayer. It is divided into three parts which cover historical and spiritual aspects benedictine rule regarding oblates. The first part describes beginnings of monasticism and life of Saint Benedict. The second part describes history of oblates since their formation. The last part focuses on role of oblates in the church, their spirituality and their life in the world.