

Abstract

Spiritual leadership as an important part of the permanent formation of adults, theory and practice today.

This thesis deals with the spiritual direction as one important way of the formation of the believer. Spiritual direction being put into practise by one person to another enables the believer to go through life with God to holiness in full.

It based on the survey, which charts the spiritual need for guiding the faithful in the Czech Republic and the level of satisfaction. The research carried out by a survey of 1200 respondents shows that number of the believers need to be accompanied much more exceeds the possibility of the current church.

Significantly there are more unsatisfied men than women in that need. The trained team of appropriate people for accompany formed in each diocese, not only among priests and religious but even laymen, should be a substantial help for this situation.

Then the possibilities of providing this assistance and to apply and fully exploit it, on recommendation of a priest – the cofessor, would be announced to the believers.

Keywords

5 key words: God – the believer - spiritual accompaniment – maturation – Holiness.

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