My bachelor thesis deals with the quality of life of adult persons with mental disabilities living at Home for the people with a health disability. In the first (theoretical) part of this thesis are specified terms like mental disability, adulthood and quality of life. I also explain what Home for the people with a health disability means because the term "institution"(ústav) is very often used especially by general public. In this part Social Services Act No. 108/2006 and Standards for Quality in Social Services are discussed because this act has a big influence on quality of life at Homes for the people with a health disability. This part also includes the chapter which is concerned with the risk of institutional care which may cause decreasing of quality of life.

In my thesis 8 components, which the quality of life consists of, are described. I rate the area of interpersonal relations as the most important one and that is way my research is focused on the interpersonal relations. The applied part of this thesis introduces the results of the qualitative research. Processing of half structured dialogues and the questionnaire with 16 adult persons with mental disabilities this research approaches their interpersonal relations.