

ABSTRACT

This thesis deals with the opinions of teachers from certain schools on the programme The Adventure of Adolescence, which is aimed at specific primary prevention in the field of risky sexual behaviour and is intended for pupils of the 5th or 6th grade.

The paper is divided into a theoretical and a practical part. The theoretical part focuses on primary prevention, describing the general division of primary prevention and specifying the prevention of risky sexual behaviour. Furthermore, the thesis analyses sex education, where the objectives, the concept of sex education in primary schools, the role and competences of a sex educator and the methodology of sex education are described. Other chapters deal with adolescence, describing biological and psychological changes, personal and social development of the individual, and the impact of the digital environment on sexuality during adolescence, including topics such as pornography, sexting and online sexual predators.

The aim of the thesis was to find out whether the prevention programme The Adventure of Adolescence is appropriately targeted in the field of sexual prevention and to obtain interesting incentives that could be used for the revision of this programme. A qualitative research design was used for the research using semi-structured interviews and the data was analysed using open coding.

In general, it can be summarised that according to the teachers' statements, the prevention programme is appropriately targeted in the area of sexual prevention. All respondents indicated that the programme met their expectations, particularly in the areas of awareness of body changes, emotional support and coping with change, and the expertise and credibility of the information presented. However, the educators recommended that more activation techniques be included and the amount of time in the program. be increased. They also emphasized that external lecturers helped to open up the topic of sex education in schools.

KEYWORDS

primary prevention, prevention programme, sex education, adolescence, educator, cyberspace