

## **Abstract**

The aim of this thesis is to map the system of admission of patients to inpatient psychiatric wards and to describe possible ways of forming a therapeutic relationship with the patient at the first contact. In the current situation in the Czech Republic, psychologist is not present in the admission ward, so the initial contact of the patient with the institution is mediated by the medical staff. I would like to show the possible benefits of including a psychologist in the admission process.

The literature review part includes a description of the formation of the patient's relationship with the institution in the context of admission to acute care hospitals. I will discuss techniques for creating a positive first contact, i.e., bonding of the client to the institution. More specifically, the thesis will also address the management of aggressive patients and crisis intervention, as the dignity of acute admission patients already affects the relationship and trust with the institution and trust.

The research design will be tailored to the as yet unexplored area of a psychologist's presence at admission to hospital. The main research question I will address will be the causality between a psychologist's presence at admission to hospital and the amount of patients refusing treatment. As a result of the establishment of a positive relationship with the institution, I will track the number of patients who return to the institution after treatment refusal (which may be related to capacity issues in inpatient psychiatry) and compare this to the rate of therapeutic relationship established. I will use a questionnaire (with subsequent quantitative processing) as the research method, which will be administered to patients, but also to clinical psychologists and medical staff present during the admission process.