

Abstract

The topic of the bachelor thesis is the risks of using mobile phones by the lower secondary pupils. The work focuses on identifying the psychosocial and physical risks of using mobile phones and the issue of excessive use, which is closely related to behavioral addiction. Another focus of the work is the prevention of the risky use of mobile phones with a set of prevention recommendations for lower secondary pupils based on the findings of a research study. The theoretical part of the work is devoted to the introduction of modern technologies with a deeper focus on the specific use of mobile phones by students and the subsequent characteristics of the student according to the age period. The next chapter deals with the aspects of mobile phone use with a more extensive presentation of risks and prevention of risky behavior, especially in the school environment. The research part of the work is quantitative research in the form of a questionnaire survey for pupils of the 2nd grade of elementary school. The questionnaire investigation determines whether the use of the mobile phone affects students in the sphere of lifestyle and social relations, whether there are risks and symptoms of excessive use in connection with the mobile phone, and how the students pay attention to preventive measures.

Keywords: cyberbullying, excessive use, internet, lower secondary pupils, mobile phone, prevention, risky use