

## **Abstract**

The diploma thesis, "How does independent and hybrid informal care for seniors impact caregiving families?" examined informal care for seniors in households through independent care and hybrid care. The research questions for this work investigated how the impacts of informal care for seniors differ on caregiving families about the use of hybrid care and what differences exist in various aspects of caregivers' lives concerning the utilization of hybrid care. A comparative analysis was conducted to identify differences in the experience of both types of care and to determine if respondents' opinions align in certain areas. The aim was also to characterize the impacts of care on caregiving family members and to expand knowledge about the possibilities of caring for seniors. The research showed that hybrid care, which combines family support with professional assistance, positively impacts caregiving and reduces caregivers' psychological burdens. Furthermore, it was found that caregivers perceive hybrid care as suitable and prefer it over independent care. Intergenerational family relationships are strengthened but may be influenced by conflicts and emotions associated with caregiving.