

Abstract

In my work, I am researching strategies of gender identity construction in MMA and yoga. In the first part of work, the matter of masculinity construction, within the boundaries of yoga, is discussed. The most interesting concept shown is “second sport”. In this concept masculine actors demean yoga as a sport and associate it with passivity. Strategies of construction are also researched with female fighters in MMA environment. In MMA the main concepts are fragile sex and intimacy. Female fighters show signs of refusal of violence. The creation of femininity and masculinity is then compared. The comparison is quite tricky, as the conditions are not the same for both genders. Masculine actors in yoga have no desire in practices of feminine gender, whereas female fighters need to practice femininity and masculinity. Even so, some correlations can be observed, for example the expression of gender through heteronormativity. In the second part of the work there are identified four models of masculinity, through which I am watching the evolution of manliness in martial arts sports. Masculinity models are working with the sense of dominance and aggression. For the creation of data, semi structured interviews and participant observation, were used.