

Abstract

This study deals with a qualitative research on the influence of sociotherapy on individuals addicted to substances who undergo sociotherapy at the Magdaléna Příbram outreach centre. The aim of the bachelor thesis was to determine whether the provision of sociotherapy affects the clients of the Magdaléna Příbram outreach center service. The main research question was: what is the impact of providing sociotherapy on clients of the Magdaléna Příbram outreach centre. And the secondary research question was: is sociotherapy a meaningful tool within the Magdaléna Příbram outreach center. Data were obtained through individual interviews with clients who had been in therapy for an extended period. The results showed that some clients undergo changes in their attitudes and behaviors during therapy, demonstrating increased self-reflection and a desire for personal growth. Clients perceive sociotherapy as a confidential space where they feel free to express their feelings and thoughts. The support and understanding provided by social workers/sociotherapists play a crucial role in this dynamic. The conclusions of this study suggest that sociotherapy can be an effective tool in treating addiction problems and contribute to positive changes in clients' lives. Further research is necessary to better understand the mechanisms of sociotherapy's effects and optimize therapeutic approaches in the field of addiction.