



Report on part of state final examination Defence of master's thesis

Academic year: 2023/2024

Student's name and surname: Zhaoyan Lu
Student's ID: 78263187

Type of the study programme: Master's (post-Bachelor)
Study programme: Applied Sport Science
Study ID: 758127

Title of the thesis: Exploring heart rate recovery as an aerobic fitness indicator in elite athletes

Thesis department: Department of Athletics and Outdoor Sports (51-300500)

Language of the thesis: English

Language of defence: English

Advisor: doc. Mgr. Jiří Baláš, Ph.D.

Reviewer(s): doc. PaedDr. Tomáš Malý, Ph.D.

Date of defence: 10.06.2024 **Venue of defence:** Praha

Attempt: regular

Course of the examination: The author introduced the aim, methods and main results of his thesis. The supervisor evaluated the cooperation with the author during writing his thesis. The examiner summarized his main remarks and comments. Questions by the other members of the examiners' board followed. The board has agreed that the student has defended his thesis with the mark excellent.

Result of defence: excellent (1)

Chair of the board: Bačáková Radka, Mgr., Ph.D.

Committee members: Baláš Jiří, doc. Mgr., Ph.D.

Turčová Ivana, PhDr., Ph.D.

Malý Tomáš, doc. PaedDr., Ph.D.