

Abstract

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Title: Case study of physiotherapeutic care for a patient diagnosed with osteosynthesis of proximal femoral fracture

Objectives: The aim of the thesis was to process a case study of a patient with osteosynthesis of the proximal femur and to theoretically elaborate on the basic knowledge of proximal femur fractures, including their surgical treatment using osteosynthesis.

Methods: This work was created on the basis of continuous professional practice at Medicentrum Praha, a.s. and all used methods and procedures was based on knowledge acquired during my bachelor studies of physiotherapy. The theoretical part was drawn from the sources listed below.

Results: The physiotherapeutic care had a positive effect on the patient's condition, and almost all goals set in the physiotherapy plan were achieved. The theoretical part provides an introduction to the topic of the fractures of proximal femur and operative treatment by osteosynthesis.

Keywords: proximal femur, fracture, osteosynthesis, physiotherapy