

Youth mentoring involves matching a young person who may be experiencing social, economic, or personal challenges with a volunteer mentor who serves as a positive role model, providing guidance, support, and encouragement. The mentoring relationship usually lasts for a specific period, such as a year or more, and may involve regular meetings or activities between the mentor and mentee. The goal of youth mentoring is to assist young people in developing the skills, confidence and resilience they need to overcome obstacles, challenges and achieve their full potential. This diploma thesis explores the ethics of mentoring, specifically in the context of formal youth mentoring. The primary focus of the work is centered around ethical aspects of mentoring as a means of providing social support to young individuals who are facing social exclusion. The main objective of this thesis is to examine how mentoring can provide positive social support to young individuals during times of transition, taking into account the ethical principles of mentoring and the impact of relationships on the well-being of mentored youth. The thesis aims to explore the various ways in which mentoring can be beneficial, while also considering the potential ethical risks such as power imbalances and boundary violations.