

Abstract

The aim of this thesis is to answer the question of 'how the Czech Church in its everyday life should respond to the call on synodality, which Pope Francis asks of the Church'. More specifically, the thesis deals with the so-called *synodal lifestyle*. It aims to define this style, to theologially ground it and to formulate its basic building blocks. On the basis of qualitative research, it then wants to provide impulses for pastoral theology to help this style take root in the life of the Czech Church where it is needed. The thesis is divided into five chapters. The first chapter introduces the subjects of the theological debate on synodality, with an emphasis on recent Church documents and the teachings of Pope Francis. The second chapter introduces the main theological premises underlying the building blocks of the synodal lifestyle, which will later be presented in chapter three. Chapter four focuses on the qualitative research conducted in the form of a reflection on home spiritual retreat as presented and analysed. The highlight of the thesis is chapter five, in which, impulses for pastoral theology are formulated by synthesizing the analysis of the qualitative research and the basic building blocks of synodality.