

Abstract

This work describes the impact of pornography on an individual's life, behavior, relationships and other aspects of life. Due to the relatively inconsistent definition of addiction to pornography and the impossibility of classifying it among other types of addiction, I worked with concepts such as hypersexuality and problematic watching of pornography.

For my work, I chose quantitative research, done on survio.com. There were one hundred respondents through self-selection. The data obtained from the questionnaire were further analyzed in MS Excel and IBM SPSS. My goal was to find out whether men or women watch pornography more often. Whether there is a possible link between the problematic viewing of pornography and its impact on partner life. Do older people watch pornography less than younger people? Or are individuals who watch pornography more dissatisfied with their sexual partner life than individuals who do not watch it at all?

The vast majority of the research sample (68%) of respondents monitored pornographic content at least once in the last month, with the frequency of monitoring 1-2 days a week prevailing among the respondents. Almost half of the respondents (46%) expressed a negative effect of watching pornography for their partner's life. The evaluation of the sexual life of the respondents in connection with watching pornography is significantly more negative in the group of respondents who watch pornography every day (6-7 days a week: 50% pos .; 37.5% neg.). In connection with the level of pornography tracking and also with the prevalence of pornography addiction, we are facing a clear dominance of men in recent research, as well as in my research.

Key words: addiction, pornography, hypersexuality, quality of partner life