

Abstract

This bachelor's degree thesis takes the form of a pilot study whose objective is to test and conduct a preliminary validation of the standardised Smartphone AddictionScale – Short version (SAS-SV) questionnaire in the Czech environment.

This method was developed in Korea and has been translated and validated in several European countries, though it has not yet been used in the Czech Republic. It is a very simple tool for evaluating problematic behaviour related to smartphones in the generation of young adolescents. The questionnaire would be a very good tool for school psychologists as another method for a comprehensive evaluation of pupils' unhealthy behaviour in relation to modern communication technology

The main goal of the thesis is to map the dependence on information technology with a special focus on so-called “smartphones” using a pilot study based on the prepared questionnaire. The target group will be secondary school students aged 15–18.

Keywords: problems, kids, smartphone, problematic smartphone.

