

Abstract

Catechesis of the mentally retarded: the sacrament of the Eucharist. The aim of this work is to compile methodological recommendations for the catechesis of the sacrament of the Eucharist in the case of the mentally retarded. The topic was chosen with regard to the fact that this group of people obviously has specific characteristics to which catechesis needs to be adapted. On a theoretical level, the basic starting points concerning not only the breadth of the content of the Eucharist and its liturgical meanings will be introduced, but also the issue of mental retardation, all on the basis of drawing from professional sources. The practical part of the work will, among other things, deal with the own knowledge of the author, who works with the mentally retarded. The intention is to compile specific tips on how to work with the target group and how to secure it pastorally.

Keywords

Eucharist, catechesis, mental disability, mental retardation, sacrament