Abstract (in English):

The diploma thesis deals with the burnout syndrome in social workers who work with people with a mental illness. The theoretical part presents knowledge about burnout syndrome, its symptoms, risk factors, treatment, general prevention, and supervision as a specific prevention of burnout syndrome. It also discusses the burnout syndrome in social workers and the stressors of working with people with a mental illness. The practical part is focused on quantitative research, in which the respondents use the Shirom-Melamed burnout measure to determine the incidence of burnout and the necessary data on the respondents using supplementary questions. The practical part also contains an additional qualitative part of the research.

The main goal of this work is to determine whether the burnout syndrome occurs in this group of social workers to a greater extent than in people who work in other fields. The sub-objectives are to show whether there is a statistically significant correlation between burnout syndrome and age, gender, absence of supervision, number of clients, satisfaction in the workforce and length of stay in the current employment of respondents. The qualitative part of the research aims to identify the biggest source of stress in the employment of social workers.