This work is focused on children and youth guardian; professional side and influencing factors. The work describes guardian's clients; how he works with them, what working methods he uses, what problems he solves. It also contains legal framework with the main stress on Social and Legal Protection of Children. Following parts in broader terms describe personality of social worker's, possible difficulties and protecting elements in helping professions. The stress is given on creating relationship and communication capabilities. Difficulties could be: misuses of power, burnout syndrome, stress, solving dilemmas, etc. Social workers encounter such situations daily and that's why they need a net of protecting elements, such are: supervision, support of colleagues and organization, good family background. The work is completed by the probing among children and youths guardians in a Department of Social Prevention in Prague 5 with an objective to find out how guardians see and value themselves and their profession, which personal characteristics they consider to be the most important, weather they have good working conditions and good family background.