My thesis deals with types of crisis moments of volunteers working in foreign countries. Their life there is influenced by many different factors (political, economical, cultural, environmental etc). Their behavior is also influenced by different perception of values, experience and habits to which they were accustomed at home. The cultural shock could show not only on their presentation but could have influenced on their personalities and performance. Feelings of homesickness, isolation, communication problems, frustration, desperation, anxiety or even fear for their life could be found easily between them. The first theoretical part describes the problems of volunteering while it's second, deals with problems of crisis and it's differentiation. I had searched for the common reasons of crisis while interviewing volunteers while backhome asking them about their experiences. It is hardly possible to describe here all posible factors that could trigger crises. What is crisis and what isn't, also depends on the status of every individual, his backround, resistence, training, experience and suitability for this type of work