

HIV/AIDS is a global threat with no cure. Millions of victims suffer from this illness without a possibility to be treated properly. Mildmay hospital in north east London specializes in care and rehabilitation for those who have this illness and live in the UK. It has a unique rehabilitation programme for those with HIV related brain impairment (HRBI). HRBI is part of a disease process. One part of the whole rehabilitation programme is an occupational therapy, which aims to improve patients' activities of daily living and enjoy their lives in its fullness. Multidisciplinary approach allows assessing the rehabilitation and care needs for each person. The result is an individually tailored and structured rehabilitation programme. Patient meets those interdisciplinary members that are most appropriate for his/ her particular needs. It is depended on the stage of the illness but if the rehabilitation is combined with the Highly Active Antiretroviral Therapy (HAART) there usually is a success. After the four week assessment period a discharge planning starts. Patients usually return back into their communities or they go into residential or nursing home care.