This work – The Eucharist as symbol and ritual according to Louis-Marie Chauvet is a re-interpretation of Chauvet's conceptions of the symbolizing sacramentality and ritualization of the sacrament. The first part consists of explication of basic terms, a historical discourse in the way the eucharist was celebrated through the 2000-year history of the church, its philosophical and theological reflection and changes that the sacramental rite passed through. The second, main part, is dedicated to the Chauvet's contribution to the contemporary reflection of sacramental theology. The aspiration of this work is to approach the sacraments, the eucharist in particular, as a symbol that links our everyday life to the transcendence. Chauvet brings concept of "the symbolic order," of "the symbolic exchange", or "the presence of the absence". Rituality is closely linked to the symbolic aspect of the sacraments. It opens a symbolic rupture, a space, where symbols are effective and thus make human communication with God possible.