

The bachelor thesis deals with the problematics of physical movement in the life of mentally affected people. The first part is focused on the general description of this problem and shows what and how has changed the accessions of the society to the people with this handicap. Next part maps the opportunities for exercising and also presents two main organisations which deal with the sport of mentally affected athletes. Last part shows thanks to the author's experience and the questionnaire how important part plays exercise in mentally affected people's lives.