

ABSTRACT

Background Abstract: The development of therapeutic care was systematically developing throughout the Czech Republic after 1948, especially in psychiatric facilities. Although the founding of Apolinar established a pivotal therapeutic-treatment procedure, there were also experts who were partially diverted from it and sought paths with primary concern for the good of the patient. Such a person was MUDr. Helena Škopková.

Goal: The aim of the work is to present the life-long work of MUDr. Helena Škopková and to find key moments that influenced her work, access to patients and the possibilities of developing new therapeutic-treatment approaches.

Method: The work is processed as a qualitative study based on the analysis of the documents found relating to the publication and other work activities of MUDr. Helena Škopková, supplemented and systematized by an interview with her.

Results: Conducted research has managed to compress the complete picture of one of the most prominent figures of psychiatric and adictological care in our territory MUDr. Helena Škopková and her influence on the development in field of adictions treatment.

Conclusion: MUDR. Helena Škopková has been working since 1958 in the psychiatry field and since 1963 in psychiatric hospital in Dobřany she has been working on addiction treatment. Throughout the years, she managed to grow from secondary doctor to respected and highly regarded senior doctor in that field. Her contribution to the field, which reflected her scientific knowledge and her interest in each patient and his specific needs makes her one of the greatest persons in that field.

Key words: MUDr Helena Skopkova, Dobřany, addiction, alcoholism, institutional treatmen.