

Abstract

This bachelor thesis deals with the topic of food allergies in infant and toddler age. Theoretical part sums up the newest information about prevalence, which is increasing and food allergies are becoming one of the diseases of civilization in the 21st century. Next chapter is about the basics of pathophysiology and explanation of difference between IgE and non-IgE reactions. Other chapters are focused on diagnostic methods, symptoms and treatment. Next parts deal with the most common food allergens in infant and toddler age, prognosis, risk factors and prevention. The aim of the work was to find out level of parent's knowledge about the food allergies, what is their main source of the information and incidence of food allergies in children. The selected methodology of the work was questionnaire survey. The results are that parents don't have enough relevant information about food allergies, they are best informed about recommended length of an exclusive breastfeeding and about an appropriate age for an introduction of complementary food. The information are mostly searched on the internet, less from pediatrician. It was also found there is no significant dependency of the quality of information and level of education or allergic load in family. The proportion of children with food allergies was quite high in the examined sample.

Keywords

food allergy, infant, toddler, children