

Anotace diplomové práce v AJ

Název práce:

Influence of burnout syndrome on christian-ethical argumentation examined in the form of a case study of a clergyman

Abstract:

The burnout syndrome affects usually people who live to the fullest, who feel to be called to some activity, It gives them the meaning of their life. However, various outer and inner influences can cause that the meaning of the life starts to disappear, in the worst cases people lose their vision completely. The burnout often affects people who are engaged in other people and their problems. These people are also clergymans, who encounter the other's problems every day.

A person is paralysed during contending a burnout in all areas of life: physical, mental, emotional, social and spiritual. He is losing the meaning of life and needs a *total restart* unconditionally. If a cleric is losing the meaning of life his service in church in a serious danger. One of the crucial things for restoring the internal balance is finding the meaning of life again and subsequent organizing the values in the way that allows to live stably and doesn't lead to a burnout again. The area of values is the area explored by ethics. On the verbal level the anchoring of person's values is shown by his (ethical) argumentation. Christian ethics deals with the ethical aspects of Christian's life. Therefore in our thesis we are talking about the Christian-ethical argumentation. We are studying on some examples of clergymans how their Christian-ethical argumentation changed due to an experience of the burnout syndrome.

Keywords:

burnout syndrome, Christian-ethical argumentation, clergyman, Pastoral work