

Abstract

The Role of Emotions in Spiritual Exercises of Ignatius of Loyola

This thesis deals with the topic of emotions in spiritual exercises of Ignatius of Loyola. It describes the main principles of these exercises and their original sources. By using of publications of several Jesuit authors and psychiatrist Gerald May shows the importance of properly experienced emotional movements, not only for our spiritual life. The thesis operates both with the knowledge of the authors of the last century and the 21st century. The outcome of this thesis is to summarize findings, emphasising of the essential information from the point of view of the author and possible additions.