

Abstract

Master thesis summarizes latest knowledge in the field of special nutrition for patients with liver condition. Theoretical chapters describe liver physiology and etiology of selected liver diseases e.g. hepatitis, cirrhosis, chemical-driven liver damage. Given the fact the main cause of chronic liver disease is globally considered alcohol, a special chapter is dedicated to this topic which describes pathogenesis of alcoholic liver disease, the effect of chronic alcohol consumption on hepatocytes and other non-parenchymal liver cells.

The thesis provides a comprehensive view on the issue of malnutrition and nutrition recommendations in specific liver disease. Practical part of the thesis involved complex questioning of healthcare providers – doctors and nurses – from selected hospital and presents overview of healthcare providers knowledge regarding latest nutrition recommendations in specific liver disease.

Key words: liver damage, malnutrition, alcohol, nutrition, diet, cirrhosis, liver physiology